

# The Effort Contract

**Directions:** Fill out the 7 questions below completely. The student and tutor should read, discuss and answer each question together.

1. What are some ways that you can do better in school?
2. What is your plan to become more successful?
3. What are some problems that might keep you from completing Question 2?
4. How can you overcome the problems in Question 3?
5. How can I help you do better?
6. Who can you ask for support and how will they help you do better?
7. What consequences should happen if you do not follow through on your plan?

Student Signature: \_\_\_\_\_

Tutor Signature: \_\_\_\_\_