Self-portrait
Notes: Students can write a few things they are proud of around the portrait or a few sentences on the back side.

“I’d like you to mention something you’re proud of. Please begin your response with

“I am proud that I....”

Below are some suggested topics for use in this exercise:

1. Things you’ve done for a friend
2. Work in school
3. How you spend your time outside of school
4. About your religious beliefs
5. How you’ve earned some money
6. Something you’ve bought recently
7. How you usually spend your money
8. Habits you have
9. Something you do often
10. What you are proudest of in your life
11. Something you have shared
12. Something you tried hard for
13. Something you own
14. Thoughts about people who are different from you
15. Something you’ve done to help someone else