

STROOP TEST

Duration: 45 seconds

Principle: Line by line, name the color of each word (not what the word says) as quickly as possible without errors.

GRIT: How many tries did it take to achieve the 45 second time limit?

BLUE **YELLOW** **BLUE** **RED** **BLUE**

GREEN **YELLOW** **RED** **GREEN** **YELLOW**

GREEN **RED** **GREEN** **YELLOW** **YELLOW**

YELLOW **RED** **YELLOW** **GREEN** **BLUE**

BLUE **RED** **YELLOW** **YELLOW** **GREEN**

RED **BLUE** **GREEN** **YELLOW** **GREEN**

RED **YELLOW** **BLUE** **RED** **GREEN**

BLUE **GREEN** **YELLOW** **YELLOW** **YELLOW**

BLUE **RED** **RED** **YELLOW** **RED**

GREEN **BLUE** **RED** **GREEN** **BLUE**