

# Mini Networking Guide

Networking involves building relationships with individuals or organizations to share knowledge and career advice, access job opportunities, and beneficial professional connections.

## 1 Dress Professionally

1. Avoid shorts and t-shirts with distracting logos
2. Your clothes do not have to be expensive, just simple and appropriate
3. Working Wardrobes is a great organization that offers professional attire, accessories, and interview workshops:  
<https://www.workingwardrobes.org/>

## 4 Follow Up

1. Maintain contact!
2. Thank them for their help with an email or phone call

## 2 Prepare

1. Research the field, individual, or organization you expect to engage with or meet
  - a. What is the current state of the field?
  - b. What is the individual's role?
  - c. What is the organization's mission statement?
2. Think about what you want to learn
  - a. What does the future look like for this field or organization?
  - b. What is the person's day-to-day like?

## 3 Remember You Are Valuable

1. What skills do you have?
2. What unique experiences/perspectives do you bring?
3. Are you bilingual or multilingual?
4. Are you eager to learn, a problem solver, adaptable, etc?

## 5 Ask For Help

Everyone started from somewhere, never be afraid to seek out help!