**culture**
(noun)

1. The **culture** of a people is made up of their traditions, beliefs, artifacts, institutions, and achievements.
2. The **culture** of the Maori in New Zealand has survived into modern times.
3. Objects from the ancient Greek **culture** are on display at many museums.

**legume**
(noun)

1. A **legume**, such as a kidney bean or pinto bean, has similar nutrients to meat, poultry, and fish.
2. A pea, bean, or lentil is a **legume**, not a root vegetable.
3. A **legume** has long green pockets or pods that contain edible seeds.

**mild**
(adjective)

1. Milk has a **mild** taste and is not spicy.
2. Examples of **mild** foods are potatoes, rice, and pasta.
3. **Mild** foods will not burn your mouth.

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**spices**
(noun)

1. **Spices** add an extra kick to the taste of food.
2. Some popular **spices** include cinnamon, nutmeg, and ginger.
3. **Spices** are made from plant roots, flowers, fruit, seeds, or bark, and herbs are made from the leaves of non-woody plants.

**staple**
(noun)

1. Pasta is a **staple**, or a common and important part of the diet, in the country of Italy.
2. Bread was an important **staple** in medieval Europe since it was an inexpensive food.
3. Desserts should not be a **staple** in your diet.

**stew**
(noun)

1. **Stew** is chunkier than soup.
2. A casserole is a dish made of different ingredients mixed together and baked in an oven.
3. A **stew** is made by slowly cooking vegetables and meat in broth.

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**Name:** _____

**INSTRUCTIONS:** Record a vocabulary word in each word box. Then write a synonym and an antonym, draw a picture, and define each word. Use each word in a sentence on the back of this worksheet.

| Word | Picture |
| --- | --- |
| _____ | |

_____
Synonym

_____
Antonym

Definition _____

_____

| Word | Picture |
| --- | --- |
| _____ | |

_____
Synonym

_____
Antonym

Definition _____

_____

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**culture**

the ideas and customs of a certain group of people; a particular society with its own ideas and customs

*(noun)*

**legume**

a plant with seed pods, such as a bean, lentil, or pea

*(noun)*

**mild**

not hot, harsh, or strong in taste

*(adjective)*

**spices**

flavorings for food made from the root, flower, fruit, seed, or bark of a plant
*(noun)*

**staple**

a common food that is an important part of a diet
*(noun)*

**stew**

a dish usually made of meat and vegetables cooked slowly in liquid
*(noun)*

**Name:** _____

An **analogy** shows a relationship between two sets of words. The words in the first pair must have the same relationship as the words in the second pair. To complete an analogy with a missing word, you must first discover the relationship between the completed pair. (Example: *Cat is to meow as dog is to bark.*)

**hearing apple excited tradition house animal**

**INSTRUCTIONS:** Determine the relationship between the first pair of words. Then use the words in the word box to complete the second pair of words.

1. **Spices** are to *taste* ...as... **sounds** are to _____.
2. **Legume** is to *bean* ...as... **fruit** are to _____.
3. **Mild** is to *spicy* ...as... **calm** is to _____.
4. **Culture** is to *society* ...as... **custom** is to _____.

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**Name:** _____

An **analogy** shows a relationship between two sets of words. The words in the first pair must have the same relationship as the words in the second pair. To complete an analogy with a missing word, you must first discover the relationship between the completed pair. (Example: *Cat is to meow as dog is to bark.*)

**animal excited apple tradition house hearing**

**INSTRUCTIONS:** Determine the relationship between the first pair of words. Then use the words in the word box to complete the second pair of words.

5. **Staple** is to *diet* ...as... **foundation** is to _____.

6. **Stew** is to *food* ...as... **dolphin** is to _____.

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**Name:** _____

| culture | staple | spices | legume | stew | mild |
|---|---|---|---|---|---|

**INSTRUCTIONS:** Use the vocabulary words in the word box above to complete the sentences below.

1. A _____ has unique traditions and beliefs.

2. Seeds from a _____ are usually soaked and cooked before they are eaten.

3. Indian curries and Mexican tacos contain many _____.

4. Please pass the _____ salsa.

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Name: _____

| stew | mild | spices | legume | staple | culture |
|---|---|---|---|---|---|

**INSTRUCTIONS:** Use the vocabulary words in the word box above to complete the sentences below.

5. Rice and beans are a _____ in many people's diets around the world.

6. A _____ could include chunky potatoes and meat in broth.

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Name: _____

A **noun** is a person, place, thing, or idea. If the noun is the name of a person or a specific place, it is called a **proper noun**. A proper noun is always capitalized.

**INSTRUCTIONS:** Read the words below. Decide whether the word is best classified as a person, place, thing, or idea. Then write each word in the appropriate column.

**culture legume staple spices stew**

| PERSON | PLACE | THING | IDEA |
|---|---|---|---|
| | | | |

Use each noun from the table in a sentence.

1. _____.
2. _____.
3. _____.
4. _____.
5. _____.

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**Name:** _____

A **noun** is a person, place, thing, or idea. If the noun is the name of a person or a specific place, it is called a **proper noun**. A proper noun is always capitalized.

Write three words that are not nouns.

_____ _____ _____

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**Name:** _____

**INSTRUCTIONS:** Use what you know about the vocabulary words to complete the following sentences.

1. She prefers to eat **mild** _____.
2. A **culture** is made up of _____.
3. My favorite **legume** is _____.
4. **Spices** are used to _____.
5. Something is a **staple** when _____.
6. Ingredients for making **stew** include _____.

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**Name:** _____

**INSTRUCTIONS:** Choose the best answer to complete each statement.

1. A group's culture includes its _____.
   - ⓐ language
   - ⓑ geography
   - ⓒ enemies

2. A legume has some of the same _____ as meat.
   - ⓐ flavors
   - ⓑ nutrients
   - ⓒ recipes

3. An example of a mild food is _____.
   - ⓐ buffalo wings
   - ⓑ spaghetti with red sauce
   - ⓒ rice

4. _____ are types of spices.
   - ⓐ Lettuce and greens
   - ⓑ Cinnamon and cumin
   - ⓒ Carrots and beets

5. A staple is an important part of _____.
   - ⓐ a diet
   - ⓑ a celebration
   - ⓒ a dessert

6. A stew is made from _____ vegetables and meat.
   - ⓐ large chunks of
   - ⓑ finely chopped
   - ⓒ blended

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